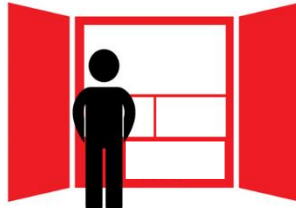


# Community Expo for Healthcare Providers Working in Stroke Care



**7 speakers**



**15 exhibitors**



**70+ attendees**

Overall, how informative was the Toronto Stroke Network's Community Expo?

★★★★★ **35%** - Extremely Informative

★★★★☆ **65%** - Very Informative

What did you find most useful about today's session as it relates to your practice/work?

- The format of the afternoon.
- Networking
- Connecting with, knowledge of, learning about community programs and resources beneficial for patients
- Guest speakers offered a variety of information for resources available in the community
- Opportunity to ask questions of presenters after their talk.
- Opportunity to talk to exhibitor complements with the speakers.
- Information from Wheel Trans; Sleep apnea effect on stroke
- Connecting clients to continued rehab even after discharge to the community provided by TIME
- Paul's talk and speakers
- The presentation regarding sex education – want to replicate in our facility

*Your event was a huge success. I particularly liked the “rapid podium” presentations. We all got a ton of information—without being bored to death by a long presentation*

*Well organized - timing was good. Enjoyed the time to network and visit exhibitors.*

*Excellent! Really enjoyed the opening remarks as my family member is also a multiple stroke survivor.*

*Very informative. Appreciated the exposure to services in the city*

## What did you find most useful about today's session as it relates to your practice/work

- I liked the separation of presentations and networking time. I also like that it was kept short and sweet
- Loved networking as well as the presentations - will take home useful info for my clients!
- Connecting with various available programs that would be beneficial for patients
- Knowledge of community programs and resources. Very interested in research - new sleep study
- Guest speakers offered a variety of information for resources available in the community
- Presentations. All tables with information
- Opportunity to ask questions of presenters after they gave us an overview of their programs
- Opportunity to talk to exhibitor complements with the speakers. Great format!
- Variety of speakers and exhibitors
- Information from Wheel Trans (application programs). TIME program (as a community resource for patients)
- TIME. Sleep apnea effect on stroke
- Being able to ask direct questions to community programs such as TIME and to be able to hear from these programs in the rapid podium presentations. The presentations given regarding sex education was very helpful as many of us clinicians want to implement similar resources at our facilities
- Learning about community resources. It would be great if the handouts could be shared.
- The organizations/programs available
- Amount of programs within my patients' communities
- Paul's talk and speakers
- Great to learn about all the different speakers. Looking forward to this becoming an annual event
- Connecting clients to continued rehab even after discharge to the community provided by TIME

## What was one key learning for you and how will you apply this learning to your work with stroke patients/clients and caregivers

- 66% of people who have a stroke also have sleep apnea. Very important. The IDAPT research section was the most interesting
- Best practices guidelines re: sex after stroke and driving after stroke. Relationship between sleep apnea and stroke risks - signs of sleep apnea
- Have taken contact information from presenters to liaise for future projects or possible joint ventures
- Referring patients appropriately. Sharing information in stroke education series
- Understanding resilience and importance of awareness to engage connectedness through networking in order to best serve clients in need of service
- More knowledgeable about programs in the community to help clients with stroke and caregivers
- Access to adult day programs - we have some patients who do not qualify for rehab, are taken home by devoted family but would benefit from day programs in the community. I will likely incorporate these programs into my recommendations/education
- Community resources available. Assist if possible in implementing resources in our community
- Relationship between OSA and CVA
- Info from Aphasia clinic program (booklet) to assist with assessing patients
- How to implement sex education with stroke clients. We plan to mention sex education resources in a group we are in the process of developing
- Integrate sexuality into program
- Refer patients to programs. More background knowledge on what PT/OT can do to help with patient post stroke
- Importance of sexual, cognitive and physical health in recovery
- Sexuality and stroke
- I learned from a stroke survivor Paul what is going through his mind now and what he was experiencing in the initial stages of his recovery. Very helpful as I gained a better understanding of emotions and experiences of a stroke survivor
- Available community services upon discharge from hospital
- Referring patients to the memory clinic post hospital stay

How can the session be improved? Do you have suggestions on other topics or areas of interest?

- Suggestion - presentation on aphasia after stroke and community resources
- Round table discussions on wait times. Strategies to improve - new ideas
- More! More services/info
- Suggestion - best practice assessment in stroke
- technical difficulties
- I would like to see a wider variety of community partners attending and more in northern GTA would be helpful as well.
- Slides were difficult to read with the lights on
- Improve microphone quality
- More guest speakers, less networking time
- Wider variety of community agencies - most were from downtown Toronto. More agencies from North Toronto or GTA would be helpful
- Decrease networking time or increase # of poster presentations :)

## Additional Comments

- Well organized - timing was good. Enjoyed the time to network and visit exhibitors
- Excellent! Really enjoyed the opening remarks as my family member is also a multiple stroke survivor. Thank you Paul for sharing our story and all that you do in raising awareness.
- Very informative. Appreciated the exposure to services in the city
- Thank you!
- I like the accessibility of the venue
- thanks for the fruit
- Great quick information and resources gathering opportunity
- Thank you for organizing this event!
- Awesome!
- Your event was a huge success. I particularly liked the “rapid podium” presentations. We all got a ton of information—without being bored to death by a long presentation. It was a nice touch to have Paul as the first speaker.
- I liked having the tables arranged around the perimeter of the room—it encouraged a nice flow of people.
- The energy in the room was electric. It may have been the first such event, but it was coordinated perfectly.