

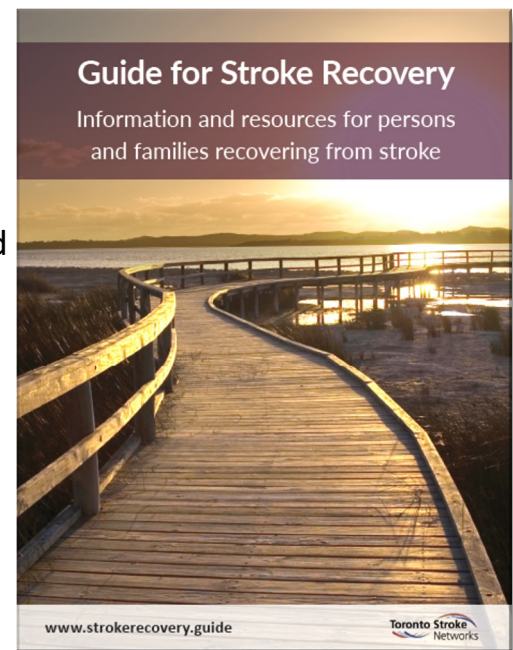
# Newly updated Guide for Stroke Recovery

MAY 2019

## New name, new look, same great resource!

**Guide for Stroke Recovery** continues to serve as a patient-mediated education and self-management tool. The new updates include:

- ◆ A coil bound book so it is easier to carry
- ◆ New worksheets
- ◆ A directory of services and resources
- ◆ Pill stickers will be added to the pocket on the back cover of the book.
- ◆ Re-organization of content to make it more user friendly



## Now available in different languages

The Guide for Stroke Recovery has been translated into

- ◆ Simplified Chinese
- ◆ Portuguese (Coming Soon)
- ◆ Italian (Coming Soon)
- ◆ Punjabi (Coming Soon)

These languages are available in pdf only and can be accessed at

[www.tostroke.com](http://www.tostroke.com) or [www.strokerecovery.guide](http://www.strokerecovery.guide).

For copies of the Guide for Stroke Recovery (in English), please contact:

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**Acknowledgement:** A sincere thank you to the health care providers and persons with stroke who contributed their time to the design and revisions of this resource.