

## Resources for Persons with Stroke, Families and Caregivers

### Aphasia Resources

- The resources have been collected by the Ontario Regional Stroke Networks' Community & Long-Term Care Group to share with persons living with the effects of stroke, families/informal caregivers and health professionals
- These pages contain links to information, materials and other content that may provide support during isolation due to the pandemic
- Please note these are suggestions ONLY and have not been reviewed or endorsed and some may include a cost

Topic/Name	Description	Link
Aphasia Institute	Aphasia Friendly COVID-19 Info Sheet and participips	<a href="https://www.participics.ca/">https://www.participics.ca/</a>
Aphasia Recovery Connection & Lingraphica	Virtual Connections is a free online program that creates a daily opportunity to connect with others in a virtual setting, and to practice communication skills. All sessions are facilitated by speech-language pathologists, music therapists, and aphasia experts	<a href="https://devices.aphasia.com/virtual-connections">https://devices.aphasia.com/virtual-connections</a>
March of Dimes Canada	Aphasia Connect Virtual Groups Mondays at 2 pm	To register for this activity, go to: <a href="https://afterstroke.marchofdimes.ca/news-events/after-stroke-virtual-activities">https://afterstroke.marchofdimes.ca/news-events/after-stroke-virtual-activities</a>

National Aphasia Association	Monthly video chat for people with aphasia	<a href="https://www.aphasia.org/stories/aphasia-cafe-dealing-with-the-unexpected/">https://www.aphasia.org/stories/aphasia-cafe-dealing-with-the-unexpected/</a>
	New initiative (One Aphasia Action) for people with aphasia: daily tasks that can be done at home to help keep up speech therapy progress.	<a href="https://www.aphasia.org/one-aphasia-action/introduction/?utm_source=Master+List&amp;utm_campaign=5683150c90-EMAIL_CAMPAIGN_2016_11_21_COPY_01&amp;utm_medium=email&amp;utm_term=0_cc4d0722f3-5683150c90-136556473">https://www.aphasia.org/one-aphasia-action/introduction/?utm_source=Master+List&amp;utm_campaign=5683150c90-EMAIL_CAMPAIGN_2016_11_21_COPY_01&amp;utm_medium=email&amp;utm_term=0_cc4d0722f3-5683150c90-136556473</a>
Stroke Recovery Association of BC	Communication & Language	<a href="https://strokerecoverybc.ca/7-steps-video/language-communication-video/">https://strokerecoverybc.ca/7-steps-video/language-communication-video/</a>
Tactus	Aphasia Friendly COVID-19 info sheet	<a href="https://tactustherapy.com/wp-content/uploads/2020/03/COVID-19-Aphasia-Friendly-Information.pdf">https://tactustherapy.com/wp-content/uploads/2020/03/COVID-19-Aphasia-Friendly-Information.pdf</a>