

The Toronto Stroke Networks are pleased to announce the return of this introductory workshop series for healthcare providers working in stroke care.

# The Cognitive Orientation to daily Occupational Performance (CO-OP) Approach\*

## By the end of the workshop participants will:

### Learn

- The rationale for cognitive approaches
- The evidence for the CO-OP Approach with people who have had a stroke
- The seven key features of the CO-OP Approach

### Practice

- The use of guided discovery
- The use of global and domain specific strategies
- The use of dynamic performance analysis

## Session Dates(Virtual):

1. May 9, 2024, 8:30-12:30pm
2. May 16, 2024, 8:30-12:30pm
3. May 23, 2024, 8:30-12:30pm
4. October 22, 2024, 1:00-3:30pm **OR** October 23, 8:00-10:30am

**To obtain your certificate of completion you must attend all three dates in May and one session in October.**

Click [HERE](#) to register for this workshop.

Questions? Please contact Jaclyn Gilpin: [jaclyn.gilpin@uhn.ca](mailto:jaclyn.gilpin@uhn.ca)

Click [HERE](#) to hear from clinicians who have completed the workshop on the CO-OP Approach



Click [HERE](#) to meet our CO-OP Instructor, Sara McEwen



\*The CO-OP Approach is a functional, patient goal centred, problem solving approach that is associated with improved function, activity performance, participation and self-efficacy in persons with stroke.