

# Smart Tips for Stroke Care

February 19, 2025



The Smart Tips for Stroke Care workshop is designed to enhance the skills of anyone new to working in stroke care.

## By the end of the workshop, participants will:

- Understand the basics of stroke, including types, causes, and risk factors
- Identify common changes that occur post-stroke and how these changes impact daily living and overall well-being
- Learn practical techniques for assisting with mobility, communication, swallowing, bowel and bladder management, vision, perception, and cognition
- Discover how to effectively use the Smart Tips Guide to address the specific needs of individuals living with stroke

**Date:** February 19th, 2025

**Time:** 8:00 a.m. - 4:00 p.m, *registration 7:45 a.m. - 8:00 a.m.*

**Target Audience:** PSWs, RAs, and anyone new to stroke care

**Location:** Providence Healthcare

3276 St. Clair Ave. East, Scarborough, Room C301

**REGISTER NOW**



<https://www.surveymonkey.com/r/JNY73CL>

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## Workshop Schedule

7:45-8:00	<b>Registration and Breakfast</b>
8:00-8:10	Welcome and Introduction
8:10-8:40	Introduction to Stroke
8:40-9:20	Eating and Swallowing After Stroke
9:20-9:50	Bowel and Bladder Function After Stroke
9:50-10:05	<b>Break</b>
10:05-10:50	Communication After Stroke: Aphasia
10:50-11:35	Cognition After Stroke
11:35-12:30	Vision and Perception After Stroke
12:30-1:15	<b>Lunch</b>
1:15-2:00	Hemiplegic Arm and Hand
2:00-2:45	Positioning in Bed, Chair and Wheelchair After Stroke
2:45-3:30	Mobility and Transfers After Stroke
3:30-3:45	Integration into Practice
3:45-4:00	<b>Wrap-Up and Evaluation</b>